

Oppose Trump's policies in 12 productive ways

1. Get the **phone numbers for your federal and state representatives**, by texting your 5-digit ZIP code to 1-520-365-3238.
2. When a specific issue comes up, **call the appropriate state or federal reps and say how you want your rep to vote**. Aides keep track of call volume and content. Writing (USPS) to the local office of your Congressional rep is said to carry much more weight than calling.
3. With specific issues, **write to the letters editor of local/national newspapers**. You can usually find a way to submit your letter online. Keep it short and punchy. In particular, strongly support institutions and office holders who stand up to Trump (scientists, judges, universities, doctors, professional bodies, etc). If you're arranging protest events, let the media know in advance, and explain the issues for them.
4. **Don't waste time arguing** with Trump voters. Most committed to Trump because of fear and rage. Like Trump, many lack reasoning ability, and empathy for all Americans. Many approve of Trump's contempt for norms (like ethics, payments from foreign governments, and conflicts of interest). If it makes you feel better, vent facts without condescending or insulting. (*"It seems like a bad idea to bring pre-existing conditions back to people's health insurance, don't you think?"*).
5. **Avoid ridicule of Trump** (funny nicknames, clever insults, cartoons etc). It doesn't win over anyone, ever. Stick to factual criticism of policies and results for ordinary working Americans.
6. If you can afford it, **send money to candidates who oppose Trump**. Prioritize candidates who have a good chance of winning.
7. **Provide practical support for communities targeted by Trump**: minority religions, non-mainstream gender preferences, immigrant neighbors. Try to enroll organizations (churches, etc) to join you. If you have more privilege than others (wealth, education, profession, skin hue, energy, good looks), take on tasks that are difficult for less privileged people.
8. **Speak up about disagreement with Trump policies**. Everyone on the West Coast should be very concerned about military confrontation with N. Korea. America *created* the paranoid dynastic state of N. Korea, when we killed 20% of their civilian population and all their civil infrastructure in the 4 year Korean war. Diplomacy, reparations and civil aid to N. Korea are a better long term approach. Shun military action; it frequently makes things far worse: Iraq, Afghanistan, Libya, Syria. <https://foreignpolicy.com/2017/04/26/kim-jong-un-is-a-survivor-not-a-madman/>
<http://goo.gl/g3MJge>
9. Look for and **connect with other groups that have similar objectives**. Support each others' campaigns. Particularly connect with groups of working people who are most affected by Trump's policies (like the tax proposals that favor the 1% over the 99%). Groups like the ACLU, the Anti-Defamation League, the Southern Poverty Law Group, Sierra Club, NAACP, Planned Parenthood, Move On, etc
10. **Support electoral reform, clean elections** (oppose Citizens United), and **election observing**. You can find out more about these by web searches. Also see <http://www.nationalpopularvote.com/>
11. **Join grassroots groups**, and pick additional ideas that work for you.
 - <https://www.indivisibleguide.com/resource/guide-english-pdf/?wpdmdl=1777>
 - organize as well as the Tea party. Why is Feinstein still in office?
 - Google "resist trump" to find dozens more resources.
12. One sentence summary: **spend time and money; tell others** you oppose immature government; **help others** who feel the same as you, or who are vulnerable to state discrimination.